



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Janet Manning (56y) 

has completed a swim observed by IISA:

Date: **12-Dec-2020**

Venue: **Lake Linganore, New Market, Maryland**

Distance: **1200 metres**

Swim Time: **00:27:00.84**

Water Temp: **4.10°C**

Wind Chill: **11.30°C**

Stroke: **Crawl**

Observer: **Anne McLindon**
United States

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION