



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Michelle Lane** (35y) 

has completed a swim observed by IISA:

Date: **04-Dec-2022**

Venue: **River Chelmer, Chelmsford, Essex**

Distance: **1400 metres**

Swim Time: **00:26:18.00**

Water Temp: **7.50°C**

Wind Chill: **6.00°C**

Stroke: **Crawl**

Observer: **Nichola Murch**  
**Great Britain**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**