

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Martin Shannon (49y)

has completed a swim observed by IISA:

Date: 17-Dec-2021

Venue: Worlds End, CastleConnell, County Limerick

Distance: 1055 metres

Swim Time: 00:22:03.08

Water Temp: 5.90°C

Wind Chill: 5.00°C

Stroke: Crawl

Observer: Siobhán McGrane

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION