



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Martin Shannon** (48y) 

has completed a swim observed by IISA:

Date: 06-Feb-2021

Venue: Mill Road, Limerick

Distance: 1040 metres

Swim Time: 00:25:34.00

Water Temp: 5.50°C

Wind Chill: 3.00°C

Stroke: Crawl

Observer: Pearse Ryan  
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**