

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Brian Swift (53y)

has completed a swim observed by IISA:

Date: 17-Dec-2022

Venue: Clontarf Baths

Distance: 1000 metres

Swim Time: 00:19:30.00

Water Temp: 1.90°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Brian Dillon

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION