



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Makala Jones (53y) 

has completed a swim observed by IISA:

Date: **26-Jan-2022**

Venue: **Pembrokeshire**

Distance: **1120 metres**

Swim Time: **00:26:22.00**

Water Temp: **5.70°C**

Wind Chill: **4.50°C**

Stroke: **Crawl**

Observer: **Sian Richardson**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION