



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Makala Jones** (53y) 

has completed a swim observed by IISA:

Date: 26-Jan-2022

Venue: Pembrokeshire

Distance: 1120 metres

Swim Time: 00:26:22.00

Water Temp: 5.70°C

Wind Chill: 4.50°C

Stroke: Crawl

Observer: Sian Richardson  
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**