

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Christian Jones (35y)

has completed a swim observed by IISA:

Date: 06-Dec-2020

Venue: St Michaels BC OBB

Distance: 1250 metres

Swim Time: 00:29:30.00

Water Temp: 6.80°C

Wind Chill: 4.00°C

Stroke: Crawl

Observer: Aisling Armshaw

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION