



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Mark Mallinson (42y) 

has completed a swim observed by IISA:

Date: 02-Aug-2020

Venue: Lake Lyell, Lithgow, NSW, Australia

Distance: 3000 metres

Swim Time: 00:00:00.56

Water Temp: 9.00°C

Wind Chill: 1.50°C

Stroke: Crawl

Observer: Wyatt Song
Australia

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION