



# CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Craig Mellick** (52y) 

has completed a swim observed by IISA:

Date: 09-Aug-2020

Venue: Lake Lyell Lithgow NSW

Distance: 3129 metres

Swim Time: 01:03:38.00

Water Temp: 8.90°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Charmian Frend  
Australia

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**