



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Gilly Lynch** (48y) 

has completed a swim observed by IISA:

Date: 18-Jul-2020

Venue: Lake Burley Griffin

Distance: 3000 metres

Swim Time: 01:00:28.00

Water Temp: 9.60°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Pierre Lord  
Australia

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**