



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Heinrich Langer (40y) 

has completed a swim observed by IISA:

Date: **26-Jul-2015**

Venue: **Hertzelia Constantia**

Distance: **500 metres**

Swim Time: **00:08:06.00**

Water Temp: **9.00°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Ram Barkai**
South Africa

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION