



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Michelle Shyabo (39y) 

has completed a swim observed by IISA:

Date: 24-Jan-2020

Venue: 3penny pool bundoran

Distance: 814 metres

Swim Time: 00:16:45.00

Water Temp: 7.10°C

Wind Chill: 6.00°C

Stroke: Crawl

Observer: Sarah O'Malley Daly
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION