

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Natasha Wake (57y) 🔤

has completed a swim observed by IISA:

Date: 24-Dec-2022 Venue: Serpentine Lido Distance: 758 metres Swim Time: 00:17:32.00 Water Temp: 4.60°C Wind Chill: 5.00°C Stroke: Crawl

Observer: Nick Hungerford Australia

## KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**