

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Melanie Tyrrell (52y) 😹

has completed a swim observed by IISA:

Date: 28-Nov-2021 Venue: Bray Lake Distance: 1279 metres Swim Time: 00:26:48.00 Water Temp: 4.70°C Wind Chill: 3.00°C Stroke: Crawl

> Observer: Helen Smith Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION