



CERTIFICATE OF ACHEIVCMENET

This is to acknowledge that

Melanie Tyrrell (50y) 

has completed a swim observed by IISA:

Date: 25-Jan-2020

Venue: Bray Lake

Distance: 1371 metres

Swim Time: 00:29:47.00

Water Temp: 6.10°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Helen Smith
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION