

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Jens Trommer (54y)

has completed a swim observed by IISA:

- Date: 07-Jan-2023
- Venue: Altenwörth, Austria Ice Bear Trophy and Austrian Championships
- Distance: 1000 metres
- Swim Time: 00:19:40.45
- Water Temp: 5.30°C
 - Wind Chill: 9.40°C
 - Stroke: Crawl

Observer: Josef Köberl Austria

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION