

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

susan houbraken (46y)

has completed a swim observed by IISA:

Date: 15-Dec-2019

Venue: Outdoor en watersportcentrum Jeugdland, Amsterdam

Distance: 500 metres

Swim Time: 00:00:13.28

Water Temp: 4.90°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Christa Hesterman

Netherlands

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION