



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

David Lynch (38y) 

has completed a swim observed by IISA:

Date: 15-Dec-2019

Venue: Wild water Armagh

Distance: 500 metres

Swim Time: 00:09:27.00

Water Temp: 3.80°C

Wind Chill: 2.00°C

Stroke: Crawl

Observer: Ian Conroy
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION