



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Sarah Poll (41y) 

has completed a swim observed by IISA:

Date: **05-Jan-2022**

Venue: **The Falcon, Castle Ashby**

Distance: **1309 metres**

Swim Time: **00:24:09.00**

Water Temp: **4.90°C**

Wind Chill: **1.00°C**

Stroke: **Crawl**

Observer: **David Coleman**
New Zealand

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION