IISA
INTERNATIONAL ICE SWIMMING ASSOCIATION

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Sarah coughlan (48y)

has completed a swim observed by IISA:

Date:	08-Jan-2022
Venue:	Twomilegate, Killaloe, Co. Clare.
Distance:	1250 metres
Swim Time:	00:27:00.00
Water Temp:	6.00°C
Wind Chill:	0.00°C
Stroke:	Crawl
Observer:	Mark Dempsey Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

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