



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Aoife McGuinness (45y) 

has completed a swim observed by IISA:

Date: 01-Feb-2020

Venue: Eastern Bay Invitational International Ice Mile Swim,
Clontarf Baths, Dublin 3

Distance: 1600 metres

Swim Time: 00:29:29.00

Water Temp: 7.00°C

Wind Chill: 12.00°C

Stroke: Crawl

Observer: Fergal Somerville
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION