



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Aoife McGuinness (45y) 

has completed a swim observed by IISA:

Date: **01-Feb-2020**

Venue: **Eastern Bay Invitational International Ice Mile Swim,
Clontarf Baths, Dublin 3**

Distance: **1600 metres**

Swim Time: **00:29:29.00**

Water Temp: **7.00°C**

Wind Chill: **12.00°C**

Stroke: **Crawl**

Observer: **Fergal Somerville
Ireland**

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION