



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Therese Barrett Tierney (52y)** 

has completed a swim observed by IISA:

Date: 30-Dec-2019

Venue: Lough Melvin, Co.Leutrim

Distance: 600 metres

Swim Time: 00:13:33.00

Water Temp: 5.86°C

Wind Chill: 7.60°C

Stroke: Crawl

Observer: Sarah O'Malley Daly  
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION