



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Christopher Trethewey** (36y) 

has completed a swim observed by IISA:

Date: **02-Dec-2023**

Venue: **River Nene, Wadenhoe**

Distance: **1000 metres**

Swim Time: **00:20:06.00**

Water Temp: **3.80°C**

Wind Chill: **0.00°C**

Altitude: **Sea Level metres**

Stroke: **Crawl**

Observer: **Adam Boon**  
**Great Britain**

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**