



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Bryn Dymott (53y) 

has completed a swim observed by IISA:

Date: **29-Jan-2016**

Venue: **Parliament Hill Lido at PHiSH**

Distance: **800 metres**

Swim Time: **00:15:59.00**

Water Temp: **3.50°C**

Wind Chill: **0.00°C**

Stroke: **Breast**

Observer: **John Donald**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION