



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Jennifer Laffan (26y) 

has completed a swim observed by IISA:

Date: 05-Dec-2022

Venue: Pool Bridge Farm

Distance: 1000 metres

Swim Time: 00:20:05.00

Water Temp: 6.50°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Hannah Litchfield
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION