

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Gillian McAlister (56y)

has completed a swim observed by IISA:

Date: 09-Jan-2022

Venue: Taplow Lakeside

Distance: 1200 metres

Swim Time: 00:20:30.97

Water Temp: 4.75°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Helen Smith

Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION