



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Nichola Murch (40y) 

has completed a swim observed by IISA:

Date: **04-Dec-2022**

Venue: **River, Chelmsford**

Distance: **1400 metres**

Swim Time: **00:26:18.00**

Water Temp: **7.50°C**

Wind Chill: **6.00°C**

Stroke: **Crawl**

Observer: **Michelle Lane**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION