



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Tom Heyerdahl (60y)** 

has completed a swim observed by IISA:

Date: 13-Nov-2022

Venue: Ottawa, Ontario, Canada

Distance: 3850 metres

Swim Time: 01:53:00.00

Water Temp: 10.33°C

Wind Chill: -5.00°C

Stroke: Crawl

Observer: Derek Tucker  
Canada

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**