



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Albert Stienezen (58y) 

has completed a swim observed by IISA:

Date: 03-Dec-2023

Venue: Amsterdam

Distance: 1000 metres

Swim Time: 00:18:16.36

Water Temp: 3.60°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Cor Hesterman
Netherlands

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION