

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Christian Knowles (45y)

has completed a swim observed by IISA:

Date: 30-Nov-2019

Venue: Hatfield - Doncaster UK

Distance: 1200 metres

Swim Time: 00:00:28.05

Water Temp: 6.90°C

Wind Chill: 7.00°C

Stroke: Crawl

Observer: Leon Fryer

Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION