



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Amy Mellor (43y) 

has completed a swim observed by IISA:

Date: 29-Jul-2022

Venue: Parliament Hill Lido

Distance: 732 metres

Swim Time: 00:12:42.80

Water Temp: 2.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Michelle leach
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION