



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Heather Watts** (50y) 

has completed a swim observed by IISA:

Date: **01-Dec-2019**

Venue: **Wadenhoe**

Distance: **1000 metres**

Swim Time: **00:29:00.00**

Water Temp: **5.90°C**

Wind Chill: **2.00°C**

Stroke: **Crawl**

Observer: **Andrew Foster**  
**Great Britain**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**