



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Claire Poole (46y) 

has completed a swim observed by IISA:

Date: **26-Nov-2023**

Venue: **Pickmere lake, Knutsford**

Distance: **1610 metres**

Swim Time: **00:30:22.00**

Water Temp: **7.80°C**

Wind Chill: **0.00°C**

Altitude: **Sea Level metres**

Stroke: **Crawl**

Observer: **Samantha Farrow**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION