



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Sam Penny** (45y) 

has completed a swim observed by IISA:

Date: 29-Jun-2019

Venue: Lake Crackenback

Distance: 1000 metres

Swim Time: 00:15:30.00

Water Temp: 4.50°C

Wind Chill: 11.00°C

Stroke: Crawl

Observer: Wyatt Song  
Australia

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**