



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Itamar Nitzan (47y) 

has completed a swim observed by IISA:

Date: **04-Feb-2023**

Venue: **Green Heart Ice Swim Reeuwijk**

Distance: **1000 metres**

Swim Time: **00:32:30.08**

Water Temp: **5.70°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Alexander Docter**
Netherlands

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION