



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Fenwick Ridley (37y)** 

has completed a swim observed by IISA:

Date: **03-Dec-2022**

Venue: **Sweethope Lough, H2oTrails**

Distance: **1000 metres**

Swim Time: **00:18:00.00**

Water Temp: **4.30°C**

Wind Chill: **3.00°C**

Stroke: **Crawl**

Observer: **Kirstie Denton**  
**Great Britain**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**