



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Kevin Cooper (60y) 

has completed a swim observed by IISA:

Date: **19-Jan-2019**

Venue: **Lough Dan**

Distance: **1000 metres**

Swim Time: **00:00:21.00**

Water Temp: **6.00°C**

Wind Chill: **3.00°C**

Stroke: **Crawl**

Observer: **Deirdre King**
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION