



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Susan Rutherford (63y) 

has completed a swim observed by IISA:

Date: 10-Jan-2026

Venue: Rother valley

Distance: 1000 metres

Swim Time: 00:22:00.00

Water Temp: 1.90°C

Wind Chill: -2.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Leon Fryer
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION