



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Susan Rutherford** (59y) 

has completed a swim observed by IISA:

Date: **25-Jan-2022**

Venue: **Andark Lake, swanick**

Distance: **1006 metres**

Swim Time: **00:23:38.00**

Water Temp: **4.30°C**

Wind Chill: **4.00°C**

Stroke: **Crawl**

Observer: **Eleanor Thomas**  
**Great Britain**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**