IISA
INTERNATIONAL ICE SWIMMING ASSOCIATION

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Susan Rutherford (57y)

has completed a swim observed by IISA:

Date:	19-Jan-2020
Venue:	Andark Lake
Distance:	1000 metres
Swim Time:	00:23:16.00
Water Temp:	5.80°C
Wind Chill:	2.40°C
Stroke:	Crawl

Observer: Kate Steels
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

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