

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Donal Morrissey (43y)

has completed a swim observed by IISA:

Date: 18-Jan-2020 Venue: Twomilegate county Clare Distance: 1667 metres Swim Time: 00:35:00.00 Water Temp: 5.00°C Wind Chill: 0.00°C Stroke: Crawl

Observer: Mark Hannigan Ireland

## KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION