



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Rebecca Harvey** (29y) 

has completed a swim observed by IISA:

Date: 05-Jan-2020

Venue: Keepers Pond, Blaenavon, Wales

Distance: 1000 metres

Swim Time: 00:23:34.00

Water Temp: 3.90°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Cath Pendleton  
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**