

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Gerda Holla (46y)



has completed a swim observed by IISA:

Date: 22-Jan-2020

Venue: Oostwoud

Distance: 1610 metres

Swim Time: 00:32:04.00

Water Temp: 4.30°C

Wind Chill: 4.40°C

Stroke: Crawl

Observer: Christa Hesterman

Netherlands

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION