



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Mandy Gilmartin (46y)** 

has completed a swim observed by IISA:

Date: **30-Dec-2019**

Venue: **lough Melvin Co Leitrim**

Distance: **600 metres**

Swim Time: **00:14:34.00**

Water Temp: **5.86°C**

Wind Chill: **7.60°C**

Stroke: **Crawl**

Observer: **Sarah O'Malley Daly**  
**Ireland**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**