



CERTIFICATE OF ACHEIVCMENET

This is to acknowledge that

Debbie Cox (34y) 

has completed a swim observed by IISA:

Date: **19-Jan-2020**

Venue: **Andark lake**

Distance: **1000 metres**

Swim Time: **00:31:02.00**

Water Temp: **5.80°C**

Wind Chill: **7.20°C**

Stroke: **Crawl**

Observer: **Kate Steels**
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION