



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Debbie Cox** (34y) 

has completed a swim observed by IISA:

Date: 17-Nov-2019

Venue: Keepers pond

Distance: 525 metres

Swim Time: 00:15:00.00

Water Temp: 3.30°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Ruth Williamson  
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**