



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**David Conradie** (52y) 

has completed a swim observed by IISA:

Date: **21-Dec-2019**

Venue: **Loughrea**

Distance: **1000 metres**

Swim Time: **00:19:30.00**

Water Temp: **4.00°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Dee Newell**  
**Ireland**

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**