



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Darran Cusick (42y) 

has completed a swim observed by IISA:

Date: **30-Nov-2019**

Venue: **Wild Water Armagh**

Distance: **500 metres**

Swim Time: **00:08:34.19**

Water Temp: **5.03°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Ian Conroy**
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION