



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Ryszard Sowa (35y) 

has completed a swim observed by IISA:

Date: **08-Dec-2018**

Venue: **Minsk (Belarus)**

Distance: **450 metres**

Swim Time: **00:09:51.36**

Water Temp: **1.00°C**

Wind Chill: **0.00°C**

Stroke: **Breast**

Observer: **Rafał Miskiniuk**
Poland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION