

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Ryszard Sowa (-1984y)



has completed a swim observed by IISA:

Date: 00--0000

Venue: ?wi?toch?owice

Distance: 500 metres

Swim Time: 00:11:37.39

Water Temp: 0.00°C

Wind Chill: 0.00°C

Stroke: Breast

Observer: Piotr Biankowski

Poland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION